

# Mount Holyoke Range State Park

Massachusetts Department of Conservation and Recreation

## SEPTEMBER—OCTOBER PROGRAMS

All programs are **free** and open to the public. **Meet inside the Notch Visitor Center** unless otherwise noted. Parking is free. All children must be accompanied by an adult. Reasonable accommodations available upon request. Please follow all current COVID guidelines. Visit [Mass.gov/COVID](https://www.mass.gov/COVID) for more guidance. For more information, please call the park at **(413) 253-2883**

<b>Open Daily</b>	<b>NOTCH VISITOR CENTER, 9:00 a.m.—4:00 p.m.</b> The Visitor Center features free exhibits, park information, restrooms and drinking water. Wheelchair accessible. Accessible by <a href="#">PVRTA public transit</a> (Amherst R38). Open late-May through mid-October. *Times and dates are subject to change.
<b>Sundays and Mondays</b>	<b>NOTCH BIRDING</b> <b>Sunday, 10:00—10:30 a.m. and Monday, 9:00—9:30 a.m.</b> For ages 9 and up. Go on a guided walk to learn about birds. Enjoy this interactive program! Includes a moderate, 1/4-mile-long hike in the woods. This is a beginner Birding program. Bring binoculars if you have them, but they are not required.
<b>Mondays</b>	<b>WILD WOODS WALK, 1:00—2:00 p.m.</b> For all ages. Join the Park Interpreter for an eye-opening stroll. Discover dynamic, colorful, and life-supporting plants in the Mount Holyoke Range. This is a moderate, 3/4-mile-long walk on the Laurel Loop Trail. Storms cancel program.
<b>Tuesdays</b>	<b>OUR OWN JURASSIC PARK, 10:00—10:30 a.m.</b> For all ages. Explore the unique geologic story of the Mount Holyoke Range, formed and shaped by fire and ice! Experience a dinosaur footprint, or two. This program takes place inside the Notch Visitor Center.
<b>Wednesdays and Thursdays</b>	<b>TROLLEY TRAIL, 10:00—10:30 a.m.</b> For ages 12 and up. Did you know that a 1900s trolley ran through the Pioneer Valley? You can retrace its “steps” on the Notch Trolley Trail. Hear an Interpretive guide tell its amazing story! This program takes place inside the Notch Visitor Center.
<b>Fridays</b>	<b>ROCKS TO ROOTS, 11:00 a.m.—12:00 p.m.</b> For teens to adults. This guided hike climbs up a steep, rocky trail up to Bare Mountain. 1-mile round-trip. Explore how the Holyoke Range supports uncertain, ever-changing microclimate where rare plants live. Storms cancel program.
<b>Fridays</b>	<b>FIRE AND ICE GEOLOGY, 1:00—1:30 p.m.</b> For all ages. The Holyoke Range was formed from fire and ice! Hear the 200-million year old story of dinosaurs, lava and glaciers. This program takes place inside the Notch Visitor Center.
<b>Saturdays</b>	<b>EMPOWERMENT HIKE, 10:00—11:00 a.m.</b> For teen to adults. Guided hike on a fun, steep trail to Bare Mountain summit. Build trail navigation skills, become a better steward. Moderate to advanced ability, 1-mile hike round-trip, over rocky terrain. Storms cancel program.